



CFSA Junior Programme - Fall 2018

Plan current as of 12 July 2018

Introduction

The Junior Programme's purpose is to provide fun recreational sailing opportunities for the Jr members of CFSA. It is designed to complement the Learn to Sail Training camps that are hosted over the summer by allowing members to build upon and consolidate the skills they learned over the summer as well as to provide social fun time on the water. This is accomplished through racing, regattas and time with friends on the water. It is also designed to complement Sail Canada's athlete development pathways.

The year will be divided up into Fall, Winter and Spring programmes and will break November, December and January as well as July and August.

The programme is open to all Jr Members of CFSA who have completed a learn to sail course (anywhere) and are seven years old.

Registration

The final programme will be tailored to the number of registrants and which fleets and boats they are interested in sailing. Therefore the final price and composition will be finalised at our parents meeting Thursday 6 September in the clubhouse at 1800. Links will go up on our website to solicit registrations. The programme outlined here represents a maximum price assuming minimum registrations are met. Please go to www.cfsaesq.ca to sign up. Prices may go down if more people register or depending on which boats are sailed.

The Fleets

The programme is built around three levels of competitive sailing - Green, Junior & Champ which will have varying levels of commitment from the sailors, club and families and are intended to be gradual progressions as our sailors get more excited and mature in the sport. The fleets are one big team, and it's hoped that all the sailors will get together once a week for a combined practice. Anchoring the team are our two coaches Charlotte and Joey.

Boat Classes

The classes of boats at CFSA are divided into single or double handed boats. In the single handed boats we have the International Optimist class, Laser and Byte. The Byte is a good introduction to the Laser class for those not heavy enough yet for a Laser Radial, and is not currently raced in local regattas.

The Club 420 is out only doublehanded class and is one of the most popular and stable classes in the area.

Sailors interested in the double handed stream are ultimately responsible for finding and maintaining their racing team. This doubles the commitment and logistics for events. There is no guarantee that a crew will be found amongst other Jr members.

GREEN FLEET				
OPTI	7-10 or first year	Weekly Practice	Local Regattas	Shared access to School boats
Fun	Any age	Weekly Practice	Come out and have fun go to a regatta	Shared access to School boats
JUNIOR FLEET				
OPTI White	8-10	Weekly coached Practice	Local Regattas + 1 Away	Shared access to Racing boats
OPTI Blue	11 & 12	Weekly coached Practice	Local Regattas + 1 Away	Shared access to Racing boats
OPTI Red	13 - 15	Weekly coached Practice	Local Regattas + 1 Away	Shared access to Racing boats
420	13 + (Weight dependant)	Weekly coached Practice	Local Regattas + 1 Away	Shared access to Racing boats

CHAMP FLEET

OPTI Blue & Red	11-15	Twice weekly practice	BC Circuit Regattas	Dedicated access to a race boat
420	13 + (Weight dependant)	Twice weekly practice	BC Circuit Regattas	Dedicated access to a race boat
LASER Standard	16 + (Weight dependant)	Twice weekly practice	BC Circuit Regattas	Dedicated access to a race boat
LASER Radial	13 + (Weight dependant)	Twice weekly practice	BC Circuit Regattas	Dedicated access to a race boat

Fall 2018 Fall Programme

The programme will start with a Parent's Meeting Thursday 6 September in the clubhouse at 1800 and will see the Champ fleet sailing that and every Thursday from 1730-2030 and during the combined all fleet practice Sundays 1100-1400. There will be no practice the weekend of Thanksgiving. These practices will incorporate theory and boat maintenance to instill pride in the boats.

Regatta Schedule:

Regattas are planned to have a coach in attendance and represent amazing social and competitive opportunities for our young sailors.

	Green Fleet	Jr Fleet	Champ Fleet
Royal Victoria Fall Dinghies (22/23 Sept)	X	X	X
West Vancouver Yacht Club Pumpkin Bowl (13/14 Oct)		X	X
Kitsilano Yacht Club Bluenose Regatta (No Optis) (27/28 Oct)			X

During away regatta weekends those not participating will run practice races on Sunday.

Costs

These costs are dependent upon enrollment in the programme and are needed to offset coaching and boat costs and are base on a three person per fleet enrollment. They can be re-looked at during the parent's meeting as demand is assessed.

FLEET	COST	NOT INCLUDED
GREEN	\$150	Jr Membership for the year, Sailing Clothing, Regatta entrance fee
JUNIOR	\$210	Jr Membership for the year, Sailing Clothing, Regatta entrance fee, travel costs
CHAMP	\$305	Jr Membership for the year, Sailing Clothing, Regatta entrance fee, travel costs, Class association membership